

Name:

	course dates	additional attended dates
BIODM 1		
Supplements		
BIODM 2		
Immersion 2		
Unwinding		
BIODM 3		
Immersion 3		
BIODM 4		
Mentorship		

Prerequisites

Please note that prerequisites must be completed **before you register** for a course.

Intermediate Biodynamic Massage – BIODM 2

- 1) complete Beginning Biodynamic Massage
- 2) after completing BIODM 1, give 10 sessions of 100% biodynamic massage work, of at least 1hr each
- 3) after completing BIODM 1, receive 10 sessions of 100% biodynamic massage work, of at least 1hr each
five of the receiving sessions must be from lineage-recommended bodyworkers (see website)

Unwinding

- 1) complete Intermediate Biodynamic Massage
- 2) after completing BIODM 2, give 10 sessions of 100% biodynamic massage work, of at least 1hr each
- 3) after completing BIODM 2, receive 10 sessions of 100% biodynamic massage work, of at least 1hr each
five of the receiving sessions must be from lineage-recommended bodyworkers (see website)

Advanced Biodynamic Massage – BIODM 3

- 1) complete BIODM 2
- 2) after completing BIODM 2, give 20 sessions of 100% biodynamic massage work, of at least 1hr each.
- 3) after completing BIODM 2, receive 20 sessions of 100% biodynamic massage work, of at least 1hr each
ten of the receiving sessions must be from lineage-recommended bodyworkers (see website)

Beyond Biodynamic Massage – BIODM 4

- 1) complete Advanced Biodynamic Massage and Immersion 3
- 2) after completing the above, give 52 sessions of 100% advanced BIODM work, of at least 90 minutes each.
- 3) after completing the above, receive 52 sessions of 100% advanced BIODM work, of at least 90 minutes each
- 4) all of the giving/receiving times must be with people who've completed both BIODM 3 and Immersion 3

Exchange credit for supplements and repeating courses

Students can claim one hour of giving and one hour of receiving for each supplement attended.

Students can claim one hour of giving and one hour of receiving for each course repeated.

Please mail your completed course attendance and exchange log forms to:

Todd Jackson

2507 NE 62nd Ave

Portland, OR 97213

Alternatively, you can email your text, .pdf, or .xls log to todd@toddjackson.com

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