

Name:

	course dates	additional attended dates
Biodynamic Interface (CRANIAL 1)		
Deepening Quietude (CRANIAL 2)		
Biodynamic Unwinding (UNWIND 1)		
Dissolution & Disappearance (CRANIAL 3)		
Sacred Heart (CRANIAL 4)		
Cranial Supplement		

Prerequisites

Please note that prerequisites must be completed **before you register** for a course.

Deepening Quietude (CRANIAL 2)

- 1) complete Cranial 1
- 2) after completing Cranial 1, give 10 sessions of 100% biodynamic cranial work, of at least 1hr each
- 3) after completing Cranial 1, receive 10 sessions of 100% biodynamic cranial work, of at least 1hr each
five of the receiving sessions must be from lineage-recommended bodyworkers (see website)

Biodynamic Unwinding (UNWIND 1)

- 1) complete Cranial 2
- 2) after completing Cranial 2, give 10 sessions of 100% biodynamic cranial work, of at least 1hr each
- 3) after completing Cranial 2, receive 10 sessions of 100% biodynamic cranial work, of at least 1hr each
five of the receiving sessions must be from lineage-recommended bodyworkers (see website)

Dissolution & Disappearance (CRANIAL 3)

- 1) complete Cranial 2
- 2) after completing Cranial 2, give 20 sessions of 100% biodynamic cranial work, of at least 1hr each.
- 3) after completing Cranial 2, receive 20 sessions of 100% biodynamic cranial work, of at least 1hr each
ten of the receiving sessions must be from lineage-recommended bodyworkers (see website)

Sacred Heart (CRANIAL 4)

- 1) complete Biodynamic Unwinding and Cranial 3
- 2) after completing Biodynamic Unwinding, give 20 sessions of 100% unwinding work, of at least 1hr each.
- 3) after completing Biodynamic Unwinding, receive 20 sessions of 100% biodynamic unwinding work, of at least 1hr each
ten of the receiving sessions must be from lineage-recommended bodyworkers (see website)

Exchange credit for supplements and repeating courses

Students can claim one hour of giving and one hour of receiving for each supplement attended.

Students can claim one hour of giving and one hour of receiving for each course repeated.

Submitting your completed practice logs:

Please email your filled in .pdf forms, or take a picture of your completed practice log and email it to todd@toddjackson.com

Name:

Biodynamic Cranial Giving Log

	recipient name	date	duration	notes
1)				
2)				
3)				
4)				
5)				
6)				
7)				
8)				
9)				
10)				
11)				
12)				
13)				
14)				
15)				
16)				
17)				
18)				
19)				
20)				

Biodynamic Cranial Receiving Log

	practitioner name	date	duration	notes
1)				
2)				
3)				
4)				
5)				
6)				
7)				
8)				
9)				
10)				
11)				
12)				
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15)				
16)				
17)				
18)				
19)				
20)				